



Konkan Education Society's

Dr. C. D. Deshmukh Commerce and Sau. K. G. Tamhane Arts College

Roha

Following activity was conducted as under the head 'Life Skills' for the student. The activity was organised in collaboration of Library and NSS Unit. Our Librarian who is professional trainer in yoga have performed the role of Teacher Trainer in this yoga activity. As far as the beneficiaries are concern our teaching staff and 104 students were participated in this activity.

Name of the capability enhancement program	Date of implementation (DD-MM-YYYY)	Number of students enrolled	Name of the agencies/consultants involved with contact details (if any)
Workshop on Pranayam Techniques	28.04.2022 to 30.04.2022	238	Librarian
			Mr. Thorat Anant
			(Trainer)



A—

Dr. Atul H. Salunkhe

Principal
K.E.S. Dr.C.D.Deshmukh
Comm. & Sau. K.G.T Arts
College, Roha - Raigad